

As part of Execs In The Know's Leading with Impact initiative, we are challenging our CX community to take a stance and become a stigma-free leader, co-worker, friend, and family member.

Challenge Your Thinking on Mental Health

Learn More & Sign the Pledge for Being Stigma Free
BROUGHT TO YOU BY NATIONAL ALLIANCE ON MENTAL ILLNESS.

Execs In The Know is a stigma-free company.



I'm ~~stigma~~ free

[Together we can] "change the way the world sees mental health."
National Alliance on Mental Illness

SEPTEMBER IS... NATIONAL SUICIDE PREVENTION MONTH

After taking the pledge, start spreading the word by sharing "I'm Stigma Free" with your teams, co-workers, family, and friends. Let it be known that you are someone people can turn to when they need support.

Download & Share the "I'm Stigma Free" Awareness Flyer



WALK FOR AWARENESS & HOPE

Together let's stomp out the stigma associated with mental illness. Now through October 9th, let's spread the word and create awareness through "self care" by taking a walk! While on your walk, take a selfie with our "I'm Stigma Free sign" and share it on your LinkedIn feed using #LeadingWithImpact.

Download Our "I'm Stigma Free" Sign

Together let's take a stance - get your whole team and your LinkedIn connections involved by sharing. One in ten who post will win, via a random drawing, the book, "Mental Health and Wellbeing in the Workplace: A Practical Guide for Employers and Employees," by Gill Hasson and Donna Butler. Please see the [Execs In The Know website](#) for details.